

BASS SATURDAY BADMINTON TRAINING

Last updated: August 1, 2007

The BASS Saturday Badminton Training goal is to teach so that students can learn effectively and enjoy the sport of badminton. Our courses concentrate on building a strong badminton foundation from footwork, strokes, and drills.

Intermediate / Advance (\$150/session of 4 weeks)

Teacher to Student Ratio 1:6 – 2 hours long

This class is for players who have played badminton for at least 1 year and/or have competed in badminton tournament. The class employs high impact drills to improve stamina and strength and others to improve other skills.

Beginner / Intermediate (\$140/session of 4 weeks)

Teacher to Student Ratio 1:3 – 1 hour long

This class is a good start for children to learn badminton. This class has a much smaller teacher to student ratio to ensure that students get the attention needed to learn and improve the skill. Beginner badminton players require more attention so that they can learn the correct basic foundation skills needed for the next level. The class concentrates on footwork and strokes, the two important basic foundations of badminton.

CLASS POLICY: Due to the high rental and supplies and to ensure we offer the best training we **DO NOT OFFER MAKE UP OR REFUNDS** for missed class.

DISCOUNT FOR MULTIPLE SESSION: 10% discount is provided to students who enroll in 2 or more *continuous* sessions.

Sept 8 - Sept 29, 2007 (Saturday 9am - 2pm)

09:00 am - 11:00 am : Intermediate/Advance (Youth & Adult Combined)

10:00 am - 11:00 pm : Beginner / Intermediate Class (Youth / Adult)

11:00 am - 12:00 pm : Beginner / Intermediate Class (Youth)

12:00 pm - 01:00 pm : Beginner / Intermediate Class (Youth)

01:00 pm - 02:00 pm : Beginner / Intermediate Class (Youth)

Oct 6 - Oct 27, 2007 (Saturday 9am - 2pm)

09:00 am - 11:00 am : Intermediate/Advance (Youth & Adult Combined)

10:00 am - 11:00 pm : Beginner / Intermediate Class (Youth / Adult)

11:00 am - 12:00 pm : Beginner / Intermediate Class (Youth)

12:00 pm - 01:00 pm : Beginner / Intermediate Class (Youth)

01:00 pm - 02:00 pm : Beginner / Intermediate Class (Youth)

Nov 3, Nov 17, Dec 1, and Dec 8, 2007 (Saturday 9am - 2pm)

09:00 am - 11:00 am : Intermediate/Advance (Youth & Adult Combined)

10:00 am - 11:00 pm : Beginner / Intermediate Class (Youth / Adult)

11:00 am - 12:00 pm : Beginner / Intermediate Class (Youth)

12:00 pm - 01:00 pm : Beginner / Intermediate Class (Youth)

01:00 pm - 02:00 pm : Beginner / Intermediate Class (Youth)